

# BeWell

**Blueprint alliance for a future health  
workforce strategy on digital and green  
skills**

## Πρώθηση της αναβάθμισης και επανακατάρτισης του ευρωπαϊκού υγειονομικού δυναμικού.

Το έργο BeWell αντιμετωπίζει την ανάγκη προετοιμασίας του εργατικού δυναμικού στον τομέα της υγείας και της περίθαλψης για τις πράσινες και ψηφιακές λύσεις που εισάγονται στα ευρωπαϊκά συστήματα υγείας και περίθαλψης, ώστε να διασφαλιστεί ότι μπορούν να ανταποκριθούν στις τρέχουσες και μελλοντικές προκλήσεις.

# Τι θα κερδίσετε από τη συμμετοχή σας

## Το Πιστοποιητικό Ολοκλήρωσης BeWell



## Προσάρτημα πιστοποιητικού

- το πρόγραμμα κατάρτισης
- το επίπεδο των προσόντων
- το περιεχόμενο και τα αποτελέσματα που επιτεύχθηκαν
- περιεχόμενο του προγράμματος κατάρτισης
- Μικρο-πιστοποιητικά του προγράμματος κατάρτισης
- Πληροφορίες για την BeWell
- Εξουσιοδότηση

# Πώς να εγγραφείτε

Χρησιμοποιήστε το  
σύνδεσμο: [https://bewell-  
project.eu/](https://bewell-project.eu/)

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## Μαθήματα

 SkillsCourses

[COURSES BY PROJECT](#) [ALL COURSES](#) [SUPPORT](#) [MY ACCOUNT](#)

### BeWell e-learning courses

Elevate Your Expertise with Courses in Green and Digital Skills and Receive a BeWell Certificate

BeWell is dedicated to enhancing the skills of the health and care workforce in Europe through innovative online courses



#### Digital Skills

Empower your digital journey with 12 versatile courses designed to enhance your skills.

[EXPLORE DIGITAL SKILLS COURSES NOW](#)



#### Green Skills

Get ready for a sustainable future with our 4 focused Green Skills courses.

[FIND GREEN SKILLS COURSES HERE](#)



#### Coming soon

Next-Generation Green and Digital Skills Courses Launching May 2nd, 2025!

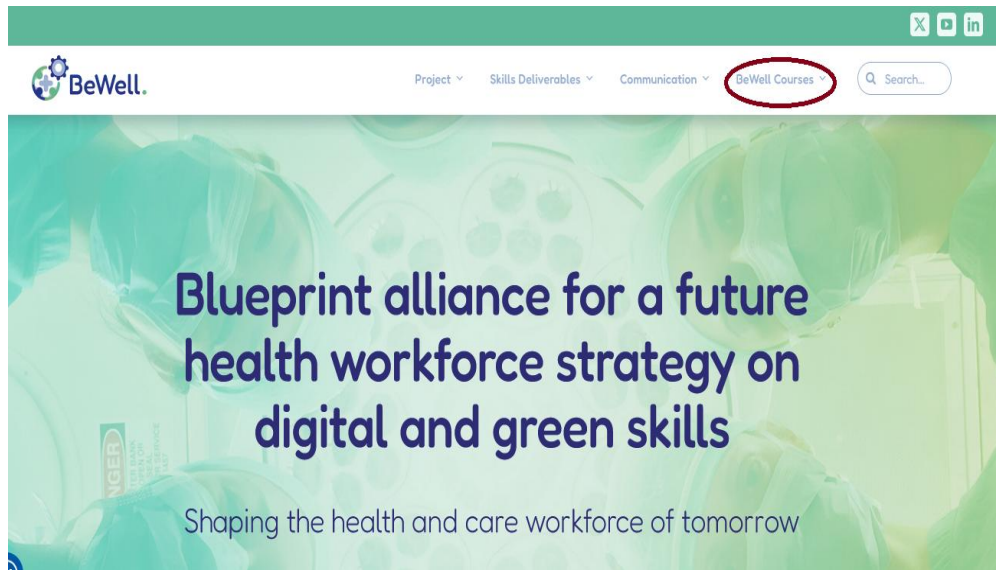
[WHILE YOU WAIT: EXPLORE ALL COURSES](#)

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# Μέσω της ιστοσελίδας <sup>bewell-project.eu</sup> BeWell



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# Εγγραφείτε ΕΔΩ

bewell-project.eu

## My Account

MY COURSES

FIND MORE COURSES

Username or Email \*

Password \*

Remember Me





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[Courses](#) [Projects](#) [Privacy](#)

Choose the language of  
your choice

-  EN ▾
-  Albanian
-  Arabic
-  Armenian



Register

Log in

# BeWell e-learning courses

Elevate Your Expertise with Courses in Three Key Categories and Receive a BeWell Certificate

BeWell is dedicated to enhancing the skills of the health and care workforce in Europe through innovative online courses



## Digital Skills

Empower your digital journey with 12 versatile courses designed to enhance your skills.

[EXPLORE DIGITAL SKILLS COURSES NOW](#)



## Green Skills

Get ready for a sustainable future with our 5 focused Green Skills courses.

[FIND GREEN SKILLS COURSES HERE](#)



## Emerging Occupations

Prepare for new career opportunities with our New and Emerging Occupations courses, launching 01.03.2025.

[WHILE YOU WAIT: EXPLORE ALL COURSES](#)

[EXPLORE ALL COURSES](#)



## BEWELL COURSES

[Explore all BeWell courses](#)

BEWELL BEWELL DIGITAL SKILLS

**Telehealth:  
televisiting,  
telemonitoring  
and other  
applications**

START



BEWELL BEWELL DIGITAL SKILLS

**Problem-solving  
and Digital Tools**

START



BEWELL BEWELL DIGITAL SKILLS

**General Data  
Protection  
Regulation  
(GDPR)**

START

## FAQ

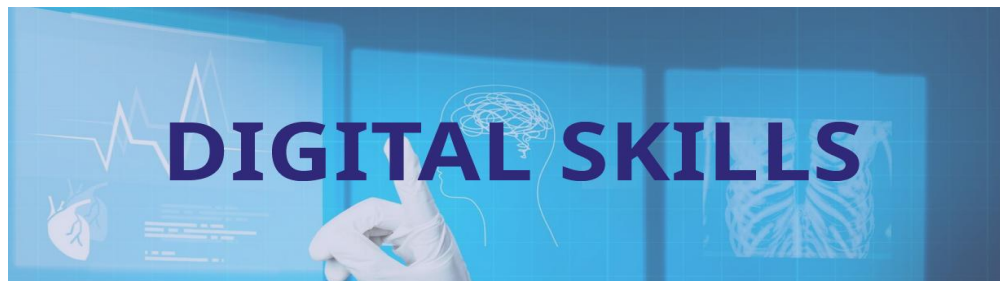
- ▶ **Who can enrol in courses?**
- ▶ **Are the courses available in multiple languages?**
- ▶ **How do I obtain a certificate?**
- ▶ **Where can I find my certificate?**
- ▶ **Can I change the name on my certificate?**
- ▶ **Where can I access the courses I have started?**
- ▶ **How is my prior learning taken into account?**
- ▶ **Where can I take a self-assessment test?**
- ▶ **Where can I find out more about the project?**
- ▶ **I am having issues, who do I contact?**

# Πώς να ξεκινήσετε ένα μάθημα

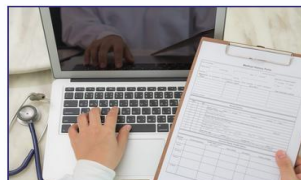
# Επιλέξτε το μάθημα BeWell

Όλα τα μαθήματα παρέχονται  
σε:

- EL
- GR
- GER
- NOR
- BG
- IT
- RO



[Back to BeWell](#)



### Increase Office and Google suite knowledge

This 6-module course aims to develop the knowledge and skills of health and care workers in Microsoft Office and Google Suite packages to use these tools in their daily work, through numerous practical exercises.

TAKE COURSE IN ENGLISH

Course in other languages:



### Problem Solving and Digital Tools

This module equips participants with essential problem-solving and digital team working skills for modern professional environments, especially healthcare. Participants will learn methodologies like Design Thinking, stakeholder analysis, and project management tools, vital for creating effective, lasting solutions.

TAKE COURSE IN ENGLISH

Course in other languages:



### General Data Protection Regulation (GDPR)

Explore the principles of the GDPR in healthcare, including data management, patient rights, secure data exchange, and the role of the Data Protection Officer. Case studies highlight best practices and consequences of non-compliance to enhance understanding of health data protection.

TAKE COURSE IN ENGLISH

Course in other languages:



# Επιλέξτε το μάθημα BeWell

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- FR



## GREEN SKILLS

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### Green Skills for Frontline Nurses and Allied Healthcare Professionals

The course aims to provide an introduction to the EU policy context of planetary health, what planetary health encompasses, and delve deeper into planetary health education and interdisciplinary collaboration

[TAKE COURSE IN ENGLISH](#)

Course in other languages:



### Pollution and Health

Explore the environmental impact of hospital pharmaceutical waste and discover effective mitigation strategies. This course delves into how urban health, healthy buildings, and next-generation hospital design reduce risks such as pollution and noise, promoting well-being, sustainability, and patient-centred healthcare innovation.

[TAKE COURSE IN ENGLISH](#)

Course in other languages:



### Health System and Environmental Health

The course "Implement Sustainable Development Goals in the Health Sector" explores the integration of SDGs with the One-Health approach.

Explore the interconnections between environmental health, sustainability, and planetary health.

Understand the impact of environmental contaminants and sustainable practices on health.

[TAKE COURSE IN ENGLISH](#)

Course in other languages:



# Παρακολούθηση μαθημάτων

## Συμμετοχή σε ένα μάθημα BeWell

- Σχετικά με το μάθημα
- Μαθησιακά αποτελέσματα
- Ενότητες
- Λεπτομέρειες σχετικά με το πιστοποιητικό
- Αξιολόγηση
- Διαθέσιμες γλώσσες

[2 Modules](#)

| 3 Hours

| EQF-Level: 5

[About](#)[Learning Outcomes](#)[Modules](#)[CONTINUE](#)[Back to BeWell](#)

2 of 10 lessons completed (20%)

[Learning Outcomes](#)

[Modules](#)

CONTINUE

[Back to BeWell](#)

challenges in healthcare. Participants will explore practical solutions like real-time monitoring, automation, and improved communication to enhance patient care, efficiency, and outcomes, with a focus on real-world applications.

## LESSONS

- Introduction >
- 1. The structure of the problem-solving methodology >
- 2. Practical Case Study: Improving Bedridden Patient Care with Digital Solutions >
- References >



## Introduction

**Module Duration: 3 Hours**

### Introduction

This module focuses on key methodologies and tools for digital team working and problem-solving in modern professional environments, particularly healthcare. With the rise of digital transformation and the impact of the COVID-19 pandemic, workspaces are no longer confined to physical locations or specific devices. We explore how cloud platforms enable asynchronous collaboration and how Design Thinking, a nonlinear, iterative process, can be applied to solve complex and unfamiliar problems. You'll also learn effective brainstorming techniques to foster creativity and collaboration in generating innovative solutions.

A critical part of this module is stakeholder and needs analysis, which helps identify key stakeholders and assess their requirements to create well-rounded solutions. The module covers methodological tools such as project time scheduling, the PDCA (Plan-Do-Check-Act) cycle, and the 5W and 2H method, which guide efficient project management and problem-solving.

Finally, we delve into the hospital-based Health Technology Assessment (HB-HTA), a tool for evaluating new

### PROBLEM-SOLVING AND DIGITAL TOOLS

#### Learning Outcomes

- **Competence:**
  - Understands the potential of stakeholder input as problem solving contributions
  - Is able to use problem solving tools and tactics to reach conclusions
- **Knowledge:**
  - Knows the benefits of a convergent phase during brainstorming sessions
  - Be aware of the “quality” of the service perceived by the stakeholders
  - Knows the key characteristics of the Hb-HTA (Hospital-based Health Technology Assessment)
  - Has a basic understanding of the Miro platform
  - Has the ability to use new tools with the problem-solving approach
- **Skills:**
  - Performs a stakeholder and needs analysis in order to understand the context
  - Be able to find an innovative solution to better manage the daily work activities
  - Uses solution matrices as an analytical tool
  - Can apply the principle of problem-solving to the new tool adopted by the organization

2 of 10 lessons complete (20%)

**Problem solving methodology** ▼  
4 lessons, 2 quizzes

**Methodological tools and Hb-HTA** ▲

● **Introduction**

○ 1. Introduction to Digital Quiz

[Exit Course](#)

○ 2. Project time scheduling, PDCA, Deming Cycle, Act Phase, The Five W and Two H method, HB HTA Quiz

○ 3. Project time scheduling, PDCA, Deming Cycle, Act Phase, The Five W and Two H method, HB HTA Quiz

○ References

○ Course Evaluation





PROBLEM SOLVING MOD1 LESS 1 1  
bewell-project.eu

## What is the problem solving methodology?

### PROBLEM-SOLVING AND DIGITAL TOOLS

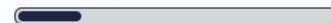
[Exit Co](#)

Watch on  YouTube

QUIZ COMPLETED You require **75%** to pass this lesson's quiz. Your grade is **66.67%**.

[View quiz >](#)

2 of 10 lessons complete (20%)



## Problem solving methodology

- Introduction
- 1. The structure of the problem-solving methodology Quiz

- References

## Methodological tools and Hb-HTA

6 lessons, 3 quizzes

 TELEHEALTH: TELEVISITING, TELEMONTORING AND OTHER APPLICATIONS

## 2. H-W Technologies Quiz

**Your Grade: 50%**

You require 75% to pass this quiz. Your grade is 50%.

Restart Quiz

## Course Evaluation

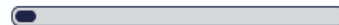
Please share your feedback with us so we can further improve our courses. If you would like to receive a certificate, please fill in the evaluation questionnaire at the link below.

[www.pleasegiveusfeedback.com](http://www.pleasegiveusfeedback.com)

I have given feedback

\* Required — Mark all the tasks as complete to finish the lesson

1 of 15 lessons complete (6%)



**Implement Sustainable Development Goals in Health Sector: opportunities and case** 

## Course Completed

Congratulations on completing this course! 🎉

[FIND MORE COURSES](#)[VIEW CERTIFICATE](#)

Your Total Grade

**90%**

**General Data Protection Regulation  
(GDPR)**



# Πιστοποίηση

Αφού ολοκληρώσετε ένα **μάθημα** και στείλετε **την ανατροφοδότηση (σύντομη έρευνα)** στην ομάδα BeWell, θα σας χορηγηθεί ένα Πιστοποιητικό Ολοκλήρωσης.

Το Πιστοποιητικό θα δημοσιευτεί με το Όνομα που δόθηκε κατά την εγγραφή. **Συνιστάται να χρησιμοποιείτε τα έγκυρα διαπιστευτήριά σας (Όνομα και Επώνυμο).**

Το πιστοποιητικό θα αποσταλεί αυτόματα μόλις ολοκληρώσετε επιτυχώς ένα μάθημα και την έρευνα.

Ένα **Προσάρτημα πιστοποιητικού** θα σταλεί στο καταχωρημένο email σας και θα περιέχει πληροφορίες σχετικά με :

- Το πρόγραμμα κατάρτισης
- Επίπεδο προσόντων
- Περιεχόμενο και αποτελέσματα
- περιεχόμενο του προγράμματος κατάρτισης
- μικρο-πιστοποιητικά του προγράμματος κατάρτισης
- BeWell
- Εξουσιοδότηση



## Public consultation is Open!

The BeWell partners aspire to create a **robust, applicable, measurable** and **implementable** updated version of the current BeWell Skills Strategy which should be ready for an immediate **deployment** at local, regional, national and eventually European levels in 2026 and beyond.

You can now take part in the Online Public Consultation for the BeWell Skills Strategy.

[PARTICIPATE TO THE ONLINE PUBLIC CONSULTATION](#)





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Σας ευχαριστούμε για τη  
συμμετοχή σας στο BeWell Pilot

# Σας ευχαριστώ!

Επικοινωνήστε μαζί μας:

Ευσταθία Κοϊτσάνου,

Πανεπιστήμιο Θεσσαλίας

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[bewell-project.eu](http://bewell-project.eu)



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